

FOOD

- What's your all-time favourite meal?
- What's your ideal restaurant to visit e.g. Italian, Indian, Chinese?
- What's your food hell?
- Are there any foods you've never tried before?

COOKING

- What's your favourite thing to cook?
- What did you enjoy cooking?
- Do you find it difficult to cook?
- Do you have a favourite recipe or signature dish?

Conversation Starters

SHOPPING

- Do you enjoy food shopping?
- Does anything prevent you from doing your own shopping?
- What's some of the biggest changes you've noticed in supermarkets & shops?
- Are there any products you liked but can't get anymore?

APPETITE

- Do feel your appetite has changed over time?
- Does anything prevent you from eating the foods you enjoy?
- How many meals do you have a day?
- What are some of your favourite snacks?